## JOB DESCRIPTION

## **AREA TRAINER**

Overview: The Area Trainer is responsible for recruiting, hiring and training counselors for a multi-center area on the concepts of the LA Weight Loss Program, with an emphasis on client retention and program safety.

Reports to: Owner

**Education:** Graduate of an accredited School with a focus on nutrition, business or education.

**Experience:** A minimum of one year of experience in sales, teaching or the health field. Experience in a position with a great deal of client contact, plus the proven ability to train, coach and supervise other people is required. Relative long-term weight loss experience is preferred.

## Responsibilities/Accountabilities:

- 1. <a href="Program Knowledge">Program Knowledge</a>: Ensure proper implementation of the LA Weight Loss prescribed Program via a thorough understanding of the LA Weight Loss Program. Act as a resource for staff when questions arise.
- 2. <u>Business Plan:</u> Develop and adhere to a monthly business plan that establishes a course of action for meeting objectives. Demonstrate the ability to successfully implement all programs, policies and procedures from beginning to end.
- 3. <u>Service Standards:</u> Meet or exceed LA Weight Loss established standards (i.e., traffic, pounds lost, products purchased, retention-oriented behaviors, etc.).
- 4. Recruitment: Interview and hire new counselors based on reference checks and experience commensurate with job requirements; maintain adequate staffing levels through retention of staff.
- 5. <u>Training:</u> Train Counselors on Medical History, Meal Plans, Take-Off Phase, Program Explanation, Center Daily Visits, Supplements, Product Knowledge, Personalized Eating Profile, Problem Solving, Care Call, Stabilization, Maintenance and Telephone Procedures.
- 6. <u>Coaching:</u> Provide on-going staff development by setting clear expectations, offering positive feedback as well as areas to develop and formulate specific plans for improvement and growth.
- 7. Follow-up: Maintain contact with staff to monitor the effects of training, coaching sessions and all center functions.
- 8. <u>Inspire:</u> Promote confidence, morale and credibility to achieve company standards, goals and objectives.
- 9. Special Projects: Perform any special projects assigned by Owner.